

Module I Calendar of Events

Wednesday, December 10, 2008:

7:15 am	Introduction to the Fellowship	Pamela Smith, M.D., MPH	
7:30 am	Compounded Dosage Forms	Michael Collins, R.Ph.	1½ hr
9:00 am	Hormones and the Cardiovascular System	Pamela Smith, M.D., MPH	½ hr
9:30 am	Break		
10:00 am	Adrenal Fatigue: The 21st Century Stress Syndrome	James Wilson, Ph.D., ND, DC	1 hr
11:00 am	Adrenal Fatigue: Case Histories	James Wilson, Ph.D., ND, DC	1 hr
12:00 pm	Lunch (on your own)		
1:30 pm	Estrogen Metabolism	Patrick Hanaway, M.D.	2 hr
3:30 pm	Break		
4:00 pm	Hormone Essentials: Personalizing Diagnosis and Treatment	Patrick Hanaway, M.D.	2 hr
6:00 pm	Close of session		

Thursday, December 11, 2008:

7:30 am	Hormone Replacement: By The Book	Eldred Taylor, M.D.	2 hr
9:30 am	Break		
10:00 am	The Stress Connection	Eldred Taylor, M.D.	2 hr
12:00 pm	Lunch (on your own)		
1:30 pm	A Woman's Hormonal Symphony	Pamela Smith, M.D., MPH	2 hr
3:30 pm	Break		
4:00 pm	Clinical Aspects of Hormone Replacement for Men & Women	Pamela Smith, M.D., MPH Sahar Swidan, Pharm.D.	2 hr
6:00 pm	Close of Session		

Module I
Calendar of Events
(Continued)

Friday, December 12, 2008:

7:30 am	Testosterone Replacement Therapy	Ronald Rothenberg, M.D.	2 hr
9:30 am	Break		
10:00 am	Hormone Testing in Saliva, Blood Spot and Serum	David Zava, Ph.D.	2 hr
12:00 pm	Lunch (on your own)		
1:30 pm	Breast Cancer – Progesterone vs. Synthetic Progestins	David Zava, Ph.D.	1 hr
2:30 pm	Clinical Aspects of Thyroid Treatment	Pamela Smith, M.D., MPH	1 hr
3:30 pm	Break		
4:00 pm	Thyroid and the Heart	Ronald Rothenberg, M.D.	½ hr
4:30 pm	Stem Cells and Regenerative Medicine	Ronald Rothenberg, M.D.	½ hr
5:00 pm	PMS and PCOS	Pamela Smith, M.D., MPH	1 hr
6:00 pm	Close of Session		

Module II Calendar of Events

Wednesday, December 10, 2008:

7:15 am	Introduction to the Fellowship	Pamela Smith, M.D., MPH
7:30 am	Prevention and Treatment of Vascular Aging	Mark Houston, M.D., SCH, FACP, FAAHA 2 hr
9:30 am	Break	
10:00 am	Nutrition and Nutritional Supplements in the Treatment of Hypertension and Vascular Biology – Part I	Mark Houston, M.D., SCH, FACP, FAAHA 2 hr
12:00 pm	Lunch (on your own)	
1:30 pm	Nutrition and Nutritional Supplements in the Treatment of Hypertension and Vascular Biology – Part II	Mark Houston, M.D., SCH, FACP, FAAHA 1 hr
2:30 pm	How to Transition Patients from Pharmacological Antihypertensive Therapy to Nutrition and Nutritional Supplements	Mark Houston, M.D., SCH, FACP, FAAHA 1 hr
3:30 pm	Break	
4:00 pm	Dyslipidemia Treatment with Nutrition and Nutritional Supplements	Mark Houston, M.D., SCH, FACP, FAAHA 1 hr
5:00 pm	Metabolic Syndrome and Insulin Resistance: Pathophysiology, Clinical Aspects and Treatment	Mark Houston, M.D., SCH, FACP, FAAHA 1 hr
6:00 pm	Close of Session	

Module II Calendar of Events (Continued)

Thursday, December 11, 2008:

7:30 am	Type II Diabetes: The Metabolic Continuum	Diana Schwarzbein, M.D.	2 hr
9:30 am	Break		
10:00 am	Type II Diabetes: The Metabolic Continuum (continued)	Diana Schwarzbein, M.D.	1hr
11:00 am	Understanding Cardio-Metabolic Risks and Natural Treatment Options	Thomas Guilliams, Ph.D.	1 hr
12:00 pm	Lunch (on your own)		
1:30 pm	Understanding Cardio-Metabolic Risks and Natural Treatment Options (Continued)	Thomas Guilliams, Ph.D.	1 hr
2:30 pm	The Skinny on Metabolic Syndrome	George Gillson, M.D., PhD	1 hr
3:30 pm	Break		
4:00 pm	The Skinny on Metabolic Syndrome (Continued)	George Gillson, M.D., PhD	1 hr
5:00 pm	The Use and Misuse of Salivary Cortisol Measurements	George Gillson, M.D., PhD	1 hr
6:00 pm	Close of Session		

Friday, December 12, 2008:

7:30 am	On The Sweet Side	Pamela Smith, M.D., MPH	1 hr
8:30 am	New Treatments for Insulin Resistance and Diabetes	Pamela Smith, M.D., MPH	1 hr
9:30 am	Break		
10:00 am	Fire in the Heart	Stephen Sinatra, M.D.	2 hr
12:00 pm	Lunch (on your own)		
1:30 pm	Metabolic Cardiology	Stephen Sinatra, M.D.	2 hr
3:30 pm	Break		
4:00 pm	The Holy Grail of Cardiology	Stephen Sinatra, M.D.	2 hr
6:00 pm	Close of Session		

Module VIII Calendar of Events

Wednesday, December 10, 2008:

7:15 am	Introduction to the Fellowship	Pamela Smith, M.D., MPH	
7:30 am	Clinical Laboratory Evaluations Used in Functional Medicine	J. Alexander Bralley, Ph.D.	2 hr
9:30 am	Break		
10:00 am	Clinical Laboratory Evaluations Used in Functional Medicine (continued)	J. Alexander Bralley, Ph.D.	2 hr
12:00 pm	Lunch (on your own)		
1:30 pm	A Metabolic Approach to Cancer Therapies	Pamela Smith, M.D., MPH	2 hr
3:30 pm	Break		
4:00 pm	A Metabolic Approach to Psychiatry	Pamela Smith, M.D., MPH	2 hr
6:00 pm	Close of Session		

Module VIII
Calendar of Events
(Continued)

Thursday, December 11, 2008:

7:30 am	Clinical Laboratory Evaluations Used in Functional Medicine (continued)	J. Alexander Bralley, Ph.D.	2 hr
9:30 am	Break		
10:00 am	Clinical Laboratory Evaluations Used in Functional Medicine (continued)	J. Alexander Bralley, Ph.D.	2 hr
12:00 pm	Lunch (on your own)		
1:30 pm	The Stages of Change	Ben Brown, M.D.	1 hr
2:30 pm	Everything You Wanted To Know About The Parathyroid	Eric Braverman, M.D.	1 hr
3:30 pm	Break		
4:00 pm	Nutrition for Athletes and Nutrients That Get Depleted When You Exercise	James LaValle, RPh, MS, ND, CCN	2 hr
6:00 pm	Close of Session		

Friday, December 12, 2008:

7:30 am	Cancer: Non-toxic Therapies	Mark A. Rosenberg, M.D.	2 hr
9:30 am	Break		
10:00 am	Cancer: Non-toxic Therapies (continued)	Mark A. Rosenberg, M.D.	2 hr
12:00 pm	Lunch (on your own)		
1:30 pm	How to Successfully Wean a Patient off of Anti-Depressants and Hypnotics	Pamela Smith, M.D., MPH	1 hr
2:30 pm	The Importance of Sleep in a Functional Medicine Model	Catherine Willner, M.D.	1 hr
3:30 pm	Break		
4:00 pm	The Importance of Sleep in a Functional Medicine Model (continued)	Catherine Willner, M.D.	2 hr
6:00 pm	Close of Session		